Examples of Visual Strategies

Examples of what visual strategies can be used for

1. Create daily/weekly schedules with visual blocks of time





2. Show sequential steps in a task





3. Demonstrate units of time







4. Make a "to do" list



When I am feeling anxious I will:



Listen to music.



Move my body.



Take a moment out of class.



Examples of Visual Strategies

5. Aid communication for those who are less or non-verbal





6. Offer choices





"I'm a visual thinker, not a language-based thinker. My brain is like Google Images." – Temple Grandin

